

# Our Lady

## Help of Christians



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**16<sup>th</sup> SUNDAY OF THE YEAR 22 JULY 2018**

(Prayer of the Church Week 4 Parish Mass Book Page 109)

### MASSES THIS WEEKEND

Saturday	6.30pm	Kevin Brain
Sunday	9.00am	People of the Parish
	10.30am	Kath & Bob Taylor
Monday	12.30pm	Irene Finney (Requiem)
Tuesday	9.00am	Keith Fox
Wednesday	9.00am	Kathleen Grant
Thursday	9.00am	Gillian O’Ryan
Friday	9.00am	Holy Souls

### MASSES NEXT WEEKEND

Saturday	6.30pm	Private Intention
Sunday	9.00am	People of the Parish
	10.30am	Ann & Pat Kearns

Novena	Wednesday after Mass
Confessions	Saturday 11.00 to 11.30am & 5.30 to 6.00pm
Meditation	Saturday 10.15am

**Counters team next Sunday - Team D**

**Tina Bradley Pat O’Neile Anne Edwards John Petford**

### BISHOP RAWSTHORNE

Bishop Rawsthorne has graciously agreed to celebrate the Masses this weekend to help celebrate the completion of the work on the church. He will stay on for the Garden Party. I will not be here for the Masses. I will be filling in for the bishop in Widnes. I asked if I could wear his mitre but he said no. Not very nice. I will be back for the Garden Party.

### CARPET FITTER

By any chance do we have a carpet fitter in our midst?

### REFUGEES

May God bless you for responding so generously to last week’s collection. It came to almost £1,000. There is now a box at the back of the church for any weekly contributions. Remember Tesco: “Every little helps”.

### KNOCK PILGRIMAGE

Fully escorted Pilgrimage to Knock Shrine, Ireland, 10<sup>th</sup> September 2018. £599 per person sharing. Price includes flight from Liverpool or Birmingham with 10kg hand luggage, all taxes, luxury transfers, 4 nights in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. All entertainment, excursions and guided tours included. Wheelchair accessible rooms in the hotel. Limited single rooms at supplement of £100. Groups and Individual bookings welcome. Contact Patricia on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com). Knock Pilgrimages is a member of the Travel Trust Association and is fully protected by ATOL T7613.

### NEGATIVE THOUGHTS

We know in Neuroscience that when your mind has a negative, fearful, antagonistic thought you attract it like Velcro. Not only is the brain attracted to negative thoughts but positive, grateful, thoughts are like Teflon. It’s very hard for you to hold onto joy. We now have evidence that the mind has to consciously savour a positive, grateful, joyous thought for a minimum of 15 seconds or it will not imprint on the brain. Negative thoughts you just hold on to. It is because of this that we have a pause after each reading so that if something positive strikes us we can savour it. Readers please remember this and give 15 seconds for reflection.

### THOMAS

The doors were closed where the disciples were gathered for fear of the Jews. God has grown accustomed to our small and cowardly ways of waiting behind *closed doors* of fear and self-doubt. God knows that we settle for easy certitudes and common fears instead of Gospel freedom, for a very small god instead of a Big Mystery. Yet God seems surely determined to break through: “And Jesus came and stood in their midst, and said ‘Peace!’” ([John 20:26](#)). The Spirit eventually overcomes the obstacles that we present and surrounds us with enough peace so that we can, like the first “doubting” Thomas, touch and accept the “wounds in [Jesus’] hands and his side” ([20:27](#))—which is really to accept his own woundedness—and the frailty of all created being. Until we know that the Christ is wounded too, we seem unable to accept that this might be the shape of all reality. His wound, of course, is his standing act of solidarity with all of suffering creation. Adapted from *Radical Grace: Daily Meditations*, pp. 192-193,