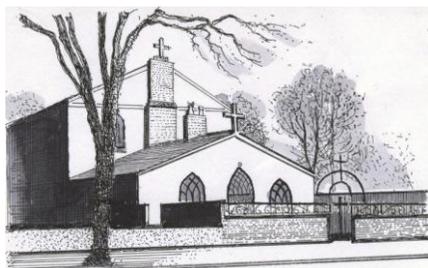


# Our Lady

## Help of Christians



**Parish Priest: Fr David Melly**  
**Deacons:**  
**Rev Jim Davies**  
**Rev Tom Simms**

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**16th SUNDAY OF ORDINARY TIME, 18 JULY 2021**  
(Prayer of the Church Week 4, Parish Mass Book p 109)

### MASSES THIS WEEK

Saturday	5.30pm	People of the Parish
Sunday	10.00am	Nicola Cameron Rew
Monday	9.00am	Keith Fox
Tuesday	9.00am	Wallace Goulding
Wednesday	7.00pm	Clifford Cardwell
Thursday	9.00am	Golden Wedding (J&S Murray)
Friday	9.00am	Holy Souls

### MASSES NEXT WEEKEND

Saturday	5.30pm	Keith Fox
Sunday	10.00am	Nicola Cameron Rew

Novena	No novena this week
Meditation	No meditation this week

**MESSAGE FROM DEACON JIM:** To Father Dave and parishioners: I would like to say thank you for all the prayers and cards Carolyn and I received when Carolyn's sister and my dad died in December, they were such a comfort to us both. I now have decided to retire from my ministry as a Deacon. This has not been an easy decision. I have pondered on this since July 2018 with a lot of support along the way. With Covid and the loss of my Dad, I have had plenty of time to reflect and believe this is the right decision. Yours Sincerely, Jim Davies

On behalf of the People of the Parish I would like to thank Jim for the sterling work he did over the last 7 years, especially for his enthusiastic and thought-provoking homilies. We all wish him every blessing in the future.

**LIFTING RESTRICTIONS:** In preparation for the legal changes to Covid regulations that will come into force on Monday July 19<sup>th</sup> this is what is being offered as the way forward for each parish in the Archdiocese.

Face coverings will remain mandatory for all those coming to a church service. (Exemptions for medical reasons excluded.)

Social distancing will not be mandatory in our churches.

If you have a building that can keep a section for those who would feel safer and less vulnerable by maintaining socially distanced benches and sitting you could do so.

Hand sanitising will remain necessary as people arrive. (There will be no need to sanitise benches or people at the end.) It would be good to have a steward available to remind people to do this as they come in.

The capacity of each church will depend on the point above.

The numbers for weddings, funerals and baptisms are limited by the capacity of each building.

**LITURGICAL QUESTIONS:** Holy Communion (in the hand) should be restored to its traditional place and with a procession (trying to accommodate those who wish to retain social distancing.)

It is recommended that a steward be used to invite people to the Communion procession row by row.

Communion on the tongue is permissible but it must take place at the end of Communion and the priests must use sanitiser after each communicant has presented themselves.

Holy Communion under both kinds will not be re-introduced at this time.

Mass will end in the traditional way. Singing can be restored. Hymn books and service books can be used but only once a day. The collection basket/plate should still not be passed around. The Procession of Gifts may be restored (encouraging the use of sanitiser). The sign of peace can be restored but without any touching, i.e., by a gesture. In Baptisms continued care is to be observed. Home visits can resume with caution.